



# October



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>SCHOOL PICTURES ON OCTOBER 16TH.</u></b></p> <p>The Lake Chelan School District is an Equal Opportunity Employer and Provider.</p>	<p>1 *Blueberry Breakfast Bar</p> <p>*****</p> <p>*Pizza Choice Fresh Garden Salad Pineapple Tidbits</p>	<p>2 *Breakfast Pizza</p> <p>*****</p> <p>Hamburger or Cheese Burger/ *Bun, Baked French Fries Fresh Orange Wedges</p>	<p>3 *Cereal Bar Yogurt</p> <p>*****</p> <p>*Corn Dog *Teddy Grahams Corn Fresh Apple Slices</p>	<p>4 *Pancakes Sausage Links</p> <p>*****</p> <p>*Cheese Stuffed Breadsticks Marinara Dipping Sauce Green Beans Chilled Peaches</p>
<p>7 *Apple Cinnamon Breakfast Bar</p> <p>*****</p> <p>*Chicken Patty/*Bun or Fish Hoagie/*Hoagie Bun Broccoli Coleslaw Mandarin Oranges</p>	<p>8 *Breakfast Quesadilla</p> <p>*****</p> <p>Hot Dog or Chili Dog/*Bun Carroteenies Raspberry Sherbet Cup Chilled Pears</p>	<p>9 *Sausage &amp; Cheese Breakfast Wrap</p> <p>*****</p> <p>Mandarin Orange Chicken over *Brown Rice or *Cheese Quesadilla, Juice Pineapple Tidbits</p>	<p>10 *Cold Cereal Choice *Banana Muffin</p> <p>*****</p> <p><b><u>EARLY RELEASE</u></b> *Chicken Nuggets Green Beans, *Grahams Chilled Peaches</p>	<p>11</p> <p style="text-align: center;"><b><i>NO SCHOOL</i></b></p>
<p>14 *Cold Cereal Choice w/ *Apple Cinnamon Muffin</p> <p>*****</p> <p>*Mini Corn Dog Bites *Scooby Doo Grahams Juice Fresh Orange Wedges</p>	<p>15 Ham &amp; Cheese Bar *Toast</p> <p>*****</p> <p>*Bean &amp; Cheese Burrito or *Tuna Fish Sandwich Green Beans Mixed Fruit</p>	<p>16 *Waffles Sausage Links</p> <p>*****</p> <p><b><u>PTA PARENT LUNCHEON</u></b> Chicken Strips, Potato Salad Corn, Sherbet Cup Fresh Grape Bunches</p>	<p>17*Fresh Fruit Granola Parfait or *Cereal w/*Graham</p> <p>*****</p> <p>*Ham &amp; Cheese Sandwich Baked Beans Frozen Juice Bar Chilled Pears</p>	<p>18 Kids Choice</p> <p>*****</p> <p style="text-align: center;">Kids Choice</p>
<p>21 *Cold Cereal Choice w/ *Blueberry Muffin</p> <p>*****</p> <p>*Popcorn Chicken *Dinner Roll, Green Beans Broccoli Coleslaw, Pluots</p>	<p>22 Biscuits w/ Sausage Gravy</p> <p>*****</p> <p>*Pizza Choice Fresh Garden Salad Pineapple Tidbits</p>	<p>23 *Cereal Bar Yogurt</p> <p>*****</p> <p>*Cinnamon French Toast Sausage Links, Hash Browns Fresh Apple Slices</p>	<p>24 * Bagel w/Cream Cheese</p> <p>*****</p> <p>Sweet &amp; Sour Chicken over *Brown Rice or *Corn Dog Juice, Mandarin Oranges</p>	<p>25 *Breakfast Pizza</p> <p>*****</p> <p>Beef Mini Cheeseburger Sliders/*Bun, Baked Tater Tots, Fresh Grape Bunches</p>
<p>28 *French Toast Sticks Sausage Links</p> <p>*****</p> <p>Boneless Chicken Drumsticks *Elf Grahams Juice Bar, Chilled Peaches</p>	<p>29 *Breakfast Burrito</p> <p>*****</p> <p>*Cheese Stuffed Breadsticks Marinara Dipping Sauce Green Beans Mandarin Oranges</p>	<p>30 *English Muffin with Egg, Cheese and Sausage Patty</p> <p>*****</p> <p>*Chicken Patty/*Bun Corn Fresh Apple Slices</p>	<p>31 *Oatmeal Breakfast Bar</p> <p>*****</p> <p>*Grilled Scream Sandwich Bubbly Tomato Soup Scarecrow Carrot Sticks Chiller Juice, Spooky Treat</p>	<p><b>* Whole Wheat or Whole Grain</b> All breakfasts are served with fresh fruit, drained canned fruit or 100% fruit juice and milk. 1% white and non-fat chocolate milk is offered.</p>